**Name of Activity:** Puzzle Buddies

**Contributions:**
Kenneth Sobel
Chris Patton
Andrew
Ken Cheung
Sandra Bedard

**Activity Summary:**
Activity is a speed dating theme in which a small group will meet with every person in that group. At each individual, timed, meeting the two participants will answer a list of pre-made questions and complete a simple task (Blind folded puzzle)

**Group Size:** ~10

**Materials Needed:**
1. Paper
2. Blind folds
3. Chairs
4. Tables
5. Pens
6. Timer

**Facilitator steps, Processing / discussion points and Variations.**

**Rules:**
1. Participants must speak in 3rd person (no pronoun either)
2. You must meet with everyone
3. Each round expires after 3 minutes

**Procedure:**
1. Set up half as many tables as people, each with 2 chairs
2. At each table, set up a paper puzzle, 1 blind folded, 1 pen
3. When time starts, participants sit down in pairs at each table. One person at each table gets blindfolded
4. Not blindfolded person must direct partner to assemble puzzle
5. Once puzzle assembled, remove blindfold, each partner must discuss answers to questions on the puzzle
6. After 3 minutes elapses, switch partners
Name of Activity:  Alphabet Soup

Contributions:

Marco Sansone
James Cassell
Isaac Nault
Mashal Shaikh
Jason Wong
Justin Lavoie

Group Size:  10 or more

Materials Needed:  N/A

Facilitator steps, Processing / discussion points and Variations.

1. The group arranges itself in a randomly ordered circle and holds hands. The group must organize itself in alphabetical order from A to Z. Each member must hold one other person’s hand at all times and the smallest chain of peoples must be at least 3 in length.

2. The solution involves people learning each other’s names and strategy. Therefore, people will be force to meet each other and leaders would emerge to come up with a solution, emphasizing the strength of different individuals.
Name of Activity: People Bingo

Contributions:
Victor Kong
Wenting Hou
Benjamin Carrasquillo
Chris Butler
Alex Maskevich

Activity Summary:
Bingo Sheets are pre-made with actions for individuals to do as well as something about that person

Group Size: Any

Materials Needed:
1. Bingo squares
2. Pencils

Facilitator steps, Processing / discussion points and Variations.

1. Hand out bingo sheets and pencils.
2. Give out materials.
3. Have individuals fill out the sheet.
4. First person to finish wins.
Name of Activity: The ‘ICE’ Breaker

Contributions:

Partha Panwala
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Stevin silen
Andrew Neidhardt
Jullia Alsarraf
Christopher O’Brien

Activity Summary:

This activity is an ice breaker and team builder requiring all members to communicated with each other effectively and quickly

Group Size: 10

Materials Needed:

1. Ice block with side ledge
2. String
3. Play do
4. Plastic bag
5. Tooth picks
6. Rubber bands
7. Sheets of paper
8. Hand towel
9. Masking tape

Facilitator steps, Processing / discussion points and Variations.

Two circular enclosures marked out with masking tape, one much smaller then the other slightly set apart from each other. The team consists of 10 people; the team has two minutes to learn each other’s name. Throughout the exercise they must refer to each other by their first name, or else resulting in one hand behind the back. The ice block is set in the middle of the bigger circle. The goal is to transfer the ice block from the large circle to the smaller circle, without stepping inside the circle using the provided materials, the larger circle being the circle of failure and the smaller circle being the circle of success. If a team member steps in the circle they have to put their hand behind their back. The ice block must not touch the floor outside the circles, else a restart. The objective has to be achieved before the ice melts. If there are more than 10 people, it can be a two team exercise in a competitive fashion with 2 teams that compete to achieve the goal the quickest.
Name of Activity: Ups, Downs and ABCs

Contributions:

Julie Beadet
Chaz Goodwine
Kaiten Gurekoud

Activity Summary:

Ice breaker, or team building focusing on getting to know people better

Group Size: Varying, but even numbered

Materials Needed:

1. Chairs (?)

Facilitator steps, Processing / discussion points and Variations.

Everyone sits in a circle and there are two times parts:

1. Organizational time when everyone turns to the person next to them (like on their left) and tells some likes and dislikes that they have, until they find one of each that they agree on. Then they turn to the next person, etc.

2. The group focuses together and shares what they’ve learned

* Seated according to the ABC order – which they need to figure out
Name of Activity: Act a fact

Contributions:

Jeremy Pu
Michael Zwack
Kane Hadley
Nicole Stoddard
Phati Dave
Kristen Lee

Activity Summary:

Ice breaker to learn more about each other

Group Size: Min 10 - 35

Materials Needed:

1. Container to hold cards (hat, basket, etc.), card with written topics

Steps:

Student picks topic card out of the container and states his/her name and topic. The student then acts out a relevant experience to the topic. Other students guess what the act is and when a guess is correct, the actor explains his/her experience as it relates to the topic. The student who gives the correct answer then picks another person to pick a topic out of the container or opts to participate himself/herself.

Example topics include: travel, sports, hobbies, favorite animal, music, etc.

Variations:

1. Students draw their experiences (like pictionary) rather than act
2. Students act out similar experiences rather than selecting a new topic right away
Name of Activity: Circle of Knowledge

Contributions:

Catie Gould
Dan Powell
Ian Keyworth
Kayla Pena
Anthony Pena
Chase Miller

Activity Summary:

Active Icebreaker which gets everyone to know a few facts about everyone else

Group Size: Minimum of 8 (even number ideally)

Materials Needed:

1. Question cards

Facilitator steps, Processing / discussion points and Variations.

The group is split into two and each is given a question card (with three questions). Outside and inside circles are formed, facing each other and people are lined up as pairs. (If an odd number, facilitator join group) Facilitator tells that they will have one minute to learn answers to questions. Keep rotating (one circle moves clockwise to a new person) until 25% of group is met (for example if 16 people then meet 2). After this round, new questions are distributed and only 45 seconds is allowed. Repeat for 30 and 15 seconds, with a new set of questions for each time. At the end, each person stands in the middle of the circle and people shout out facts about them.

Note: 1 min/ 45 sec/ 30 sec/ 15 sec depending on round is per person and repeated as necessary (2 min for 2 people)

Variation:

The inner circle and outer circle can ask the same questions different questions, or select their own questions from the list.

Suggested questions:

- Favorite hobbies
- What activities involved in? Interested in joining?
- How many sibling?
- Where are you from?
- How old are you?
- What is your dream car?
- What are some of your goals?
**Name of Activity:** Doing the Dance

**Contributions:**

Greg Hart  
Deonna White  
Yong Xia  
Ken Hyer

**Activity Summary:** Ice breaker focused on getting to know team member names and interests through entertainment and self embarrassment.

**Group Size:** 7+

**Materials Needed:**

1. Open Space

**Facilitator steps, Processing / discussion points and Variations.**

1. Have participants form a circle facing the middle. The facilitator will begin by giving instruction and them starting with an example.

2. Begin by saying your name and turning an activity you do into a dance move, in the style of “Doing the Activity”.

   Example: someone who likes video games would say “My name is Bob and I’m playing the game” while performing a rhythmic motion representing video game playing. The next person must repeat all preceding names and dances followed by their own.

3. The facilitator should also end by repeating everyone else’s name and dance now.
Name of Activity: Making the Connection

Contributions:

Joe Young
Dan Hogen
Adriana Rojas
Kevin Baker
Natt Phenjati
Farin Hansen
Lawrence Dirks
Meagan Banko

Activity Summary:

Ice breaker focusing on getting to know people in your group and making/finding connections

Group Size: Max: 25

Materials Needed:

1. 3 different colored balls of yarn

Facilitator steps, Processing / discussion points and Variations.

1. Have participants from a circle
2. Hand out the balls of yarn to 3 different people in the circle (not next to each other)
3. Explain what each ball/color represents
4. Yellow: Past Facts/Connections
5. Green: Present Facts/Connections
6. Future Facts/Connections
7. The person holding onto each ball states their name and states the fact according to what color they are holding
8. The order goes from past → present → future rotating to each color
9. Once a fact is stated, if someone else in the circle has the same fact about themselves the yarn is thrown to that person and a piece of the yarn is held and the process continues.
10. If no one has the same fact about themselves then the yarn holder states another fact
11. This continues until everyone in the circle is holding a strand of yarn or until the facilitator is ready to end
12. By the end of the activity, the group should know everyone’s name and have learned something they have in common with others in their group
   • Should look like a web of colors at the end

Processing points:

• Ask someone(s) to list names around circle
• Who has the most connections?
  Who found their ‘twin’ (most connections with them?)

Variations:

• You can use any other 3 colors of yarn
• Participants start sitting, but stand up when connections made
• Instead of past/present/future, you can use 3 other types of ideas/facts
• Just before throwing the yarn, they would call out the name of the person they are throwing it to.
Name of Activity: Breaking Boundaries

Contributions:

Kevin Ung
Anagha Cummings
Charles Yuch
Adam Majka
Barrett Rehr
Torrin Bechtel
Zach Rave

Activity Summary:

Participants need to find people with whom they have things in common and unite to work together

Group Size: 15 – 40

Materials Needed:

1. Variant 1: material to mark ground
2. Variant 2: Nothing

Facilitator steps, Processing / discussion points and Variations.

Variant 1:

Facilitator marks grid (or other pattern) on ground, areas labeled by numbers. Have group count out by numbers and stand in random grid square marked by that number. Find something in common with adjoined square and then merge. With each new merger, you need something new in common and it must be in common with everyone in the adjoining territory, no matter how many people have already combined to form it.

Variant 2:

No grid required. Just go around finding people with things in common. Hold hands, form circle/or whatever shape you end up with. In the end, go around and say what you had in common with everyone. That way, everyone gets to know 1-2 people relatively well, and at least 2 facts about everyone else (what they had in common) with the person on either side of them.

Other variables:

1. Fixed grid on other pattern on floor versus

2. Cardboard Square, floor tile, etc. that you pick up and carry with you to new spot to form an increasingly large island until you get everyone on one large continent

3. Have people look for whatever they want in common with each other